



SUN 26 JUL 2026
Start Time 10:30

Start List by Session

Morning Session

Event 22 Women's 100m Freestyle				10:30	Heat 1 of 9
WR	51.68	STEENBERGEN Marrit	NED	Rome (ITA)	2026
GR	52.27	CAMPBELL Bronte	AUS	Gold Coast (AUS)	2018
1					
2		CHEN Joanna	PNG	17 NOV 2007	
3		MADDOCKS Katie	GIB	18 AUG 2011	
4		KIRAROCK Roxanne	PNG	12 FEB 2011	
5		TAKYI Unilez	GHA	20 AUG 2004	
6		AKTAR Sonia	BAN	15 JUL 1997	
7		WONG Hayley	BRU	13 MAY 2008	
8					

Event 22 Women's 100m Freestyle				10:33	Heat 2 of 9
WR	51.68	STEENBERGEN Marrit	NED	Rome (ITA)	2026
GR	52.27	CAMPBELL Bronte	AUS	Gold Coast (AUS)	2018
1		GREEN Katie	GIB	12 MAY 2012	
2		GREENE Kennice	SVG	6 JUL 2007	1:40.00
3		SAM Olamiday	SLE	4 DEC 1999	1:21.06
4		PALESTRINI Aaliyah	SEY	1 OCT 2003	1:04.18
5		BRISTOL Dorianne	SEY	7 APR 2009	1:04.43
6		VANTERPOOL Kayleigh	AIA	5 JAN 2010	1:33.60
7		DALEY Elan	BER	27 FEB 2005	
8		ECHESAH Axela Marita	RWA	16 OCT 2004	

Event 22 Women's 100m Freestyle				10:36	Heat 3 of 9
WR	51.68	STEENBERGEN Marrit	NED	Rome (ITA)	2026
GR	52.27	CAMPBELL Bronte	AUS	Gold Coast (AUS)	2018
1		DLAMINI S.T.	SWZ	21 OCT 2005	1:03.87
2		SCHOFIELD Jasmine	DMA	14 NOV 2005	1:02.94
3		PERSAUD Aleka	GUY	24 FEB 2006	1:01.89
4		DENNETT Lauren	IOM	12 APR 2009	1:01.49
5		TOKOME-GARAP Jhnyali	PNG	26 AUG 2008	1:01.54
6		SMYTHE Angelina	SEY	23 FEB 2009	1:02.25
7		RUSSET Loane	VAN	26 NOV 2005	1:03.13
8		MIRSAAD Amna Thazkiyah	MDV	9 FEB 2011	1:04.04

Event 22 Women's 100m Freestyle				10:39	Heat 4 of 9
WR	51.68	STEENBERGEN Marrit	NED	Rome (ITA)	2026
GR	52.27	CAMPBELL Bronte	AUS	Gold Coast (AUS)	2018
1		PRENTICE Kiera	IOM	8 DEC 2004	1:01.02
2		RICHARDSON Davia	BIZ	16 JUL 2008	1:00.64
3		KOK SHUN Alicia	MRI	20 NOV 2004	1:00.45
4		NABI Jehanara	PAK	14 JUL 2004	59.88
5		ALLEYNE Toria	BAR	16 MAR 2009	1:00.37
6		HANSFORD Megan	JEY	18 OCT 2006	1:00.62
7		RUPESINGHE Yalindi Minagi	SRI	14 AUG 2005	1:00.95
8		NALUWOZA Tara	UGA	5 AUG 2008	1:01.43

Event 22 Women's 100m Freestyle				10:42	Heat 5 of 9
WR	51.68	STEENBERGEN Marrit	NED	Rome (ITA)	2026
GR	52.27	CAMPBELL Bronte	AUS	Gold Coast (AUS)	2018
1		EGNER Maxine	BOT	12 JUL 2004	59.66
2		RABEY Orla	GGY	12 DEC 2001	59.46
3		HUMPHREY J.O.T.	NAM	17 APR 2008	59.10
4		LIDDIE Aunjelique	ANT	15 DEC 2007	58.91
5		HAMILTON Nafanua	SAM	19 JAN 2010	59.07
6		TOSTEVIN Tatiana	GGY	19 APR 2003	59.27
7		BOURGAIZE Emma	GGY	25 JUN 2009	59.52
8		MITCHELL Bianca	ANT	24 JUL 2001	59.69

Event 22 Women's 100m Freestyle				10:45	Heat 6 of 9
WR	51.68	STEENBERGEN Marrit	NED	Rome (ITA)	2026
GR	52.27	CAMPBELL Bronte	AUS	Gold Coast (AUS)	2018
1		RABESS Kyra	CAY	6 SEP 2004	57.52
2		JUSTICE Ella	IOM	18 OCT 2007	57.36
3		McCUTCHEON Anahira	FIJ	5 OCT 2009	57.07
4		HADJILIOZOU Anna	CYP	30 OCT 2004	57.03
5		COLLYMORE Tilly	GRN	27 NOV 2007	57.06
6		MOSE Sara	KEN	9 JUN 2006	57.22
7		EVANS Joanna	BAH	25 JUL 1997	57.40
8		HARRIS Halle	SLE	25 DEC 2007	57.91



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Event 22 Women's 100m Freestyle				10:49	Heat 7 of 9
WR	51.68	STEENBERGEN Marrit	NED	Rome (ITA)	2026
GR	52.27	CAMPBELL Bronte	AUS	Gold Coast (AUS)	2018
1		CANNY Aimee	RSA	21 NOV 2003	56.08
2		MUZITO Gloria	UGA	29 NOV 2002	55.39
3		SCHLOSSHAN Leah	ENG	26 MAR 2005	54.33
4		JACK Shayna	AUS	6 NOV 1998	52.96
5		ANDERSON Freya	ENG	4 MAR 2001	54.05
6		EDWARDS Chelsey	NZL	15 JUN 2001	54.68
7		LLOYD Delia	CAN	17 DEC 2006	55.69
8		KRYGER Madison	CAN	15 AUG 2008	56.67

Event 22 Women's 100m Freestyle				10:52	Heat 8 of 9
WR	51.68	STEENBERGEN Marrit	NED	Rome (ITA)	2026
GR	52.27	CAMPBELL Bronte	AUS	Gold Coast (AUS)	2018
1		CATTERSON Victoria	NIR	25 MAR 2001	55.90
2		HOPE Lucy	SCO	30 JAN 1997	55.18
3		NEL Olivia	RSA	23 JUL 2002	54.32
4		HARRIS Meg	AUS	7 MAR 2002	52.56
5		DAVIS Evelyn	SCO	18 MAY 2004	53.99
6		WOOD Emma	SCO	11 MAY 2008	54.61
7		HIGGS Meghan	WAL	14 MAY 2008	55.65
8		HUGHES Emily	NIR	21 OCT 2009	56.62

Event 22 Women's 100m Freestyle				10:55	Heat 9 of 9
WR	51.68	STEENBERGEN Marrit	NED	Rome (ITA)	2026
GR	52.27	CAMPBELL Bronte	AUS	Gold Coast (AUS)	2018
1		DAVIES Sophie	WAL	4 SEP 2007	55.85
2		PEDERSEN Zoe	NZL	16 APR 2007	55.03
3		TAYLOR Theodora	WAL	21 FEB 2009	54.20
4		O'CALLAGHAN Mollie	AUS	2 APR 2004	52.33
5		OKARO Eva	ENG	10 NOV 2006	53.75
6		DAVISON Grace	NIR	26 AUG 2007	54.45
7		de LANGE Caitlin	RSA	4 MAR 2004	55.48
8		WOOD Elyse	BAH	25 MAR 2007	56.25

Event 23 Men's 50m Breaststroke				10:59	Heat 1 of 8
WR	25.95	PEATY Adam	GBR	Budapest (HUN)	2017
GR	26.49	PEATY Adam	ENG	Gold Coast (AUS)	2018
1					
2					
3		MINOTT Josiah	AIA	2 SEP 2010	
4		CHEN Thomas	PNG	1 FEB 2005	
5		SAMURA John	SLE	4 JUN 2007	
6					
7					
8					

Event 23 Men's 50m Breaststroke				11:01	Heat 2 of 8
WR	25.95	PEATY Adam	GBR	Budapest (HUN)	2017
GR	26.49	PEATY Adam	ENG	Gold Coast (AUS)	2018
1		RAJBONGSHI Sukumar	BAN	27 MAY 1994	
2		KAMARA Ibrahim	SLE	12 DEC 2001	
3		de SOUSA Damien Selso	SWZ	26 OCT 2006	
4		THOMPSON Chase	GUY	27 JUL 1995	
5		ASIF Hamza	PAK	26 MAR 2006	
6		ROBBERTSE Lukas	SHN	8 APR 2010	
7		GEORGE Nolan	SHN	29 DEC 2010	
8					

Event 23 Men's 50m Breaststroke				11:03	Heat 3 of 8
WR	25.95	PEATY Adam	GBR	Budapest (HUN)	2017
GR	26.49	PEATY Adam	ENG	Gold Coast (AUS)	2018
1		IRIZARRY Jonathan	AIA	21 SEP 2010	43.12
2		GARDINER Ethan	TCA	11 AUG 2008	33.39
3		BELLHOUSE Zachary	IOM	13 JUL 2007	31.38
4		ROSS Joshua	BAR	17 NOV 2007	30.89
5		NAGAPIN Nathan	SEY	14 JAN 2005	30.96
6		HUSSAIN Looth Mohamed	MDV	9 JUN 2009	31.81
7		DICK Robsen	VAN	16 FEB 2000	38.41
8		JOACHIM Alexander	SVG	14 APR 2003	



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Event 23	Men's 50m Breaststroke		11:05	Heat 4 of 8
WR	25.95 PEATY Adam	GBR	Budapest (HUN)	2017
GR	26.49 PEATY Adam	ENG	Gold Coast (AUS)	2018
1	SNOWDEN Ivan	GHA	25 DEC 2006	30.61
2	MUKALAZI Tendo	UGA	15 JUN 2002	30.17
3	WEEKES Luis	BAR	10 APR 2000	29.87
4	TOIA Christian	SAM	24 DEC 2005	29.50
5	LI YING PIN Hans	MRI	20 MAY 2004	29.71
6	MEALIN Connor	IOM	21 JUN 2006	30.05
7	SSAMULA Jordan	UGA	16 JUN 2008	30.17
8	MAKIRA Carter	COK	22 DEC 2010	30.88

Event 23	Men's 50m Breaststroke		11:08	Heat 5 of 8
WR	25.95 PEATY Adam	GBR	Budapest (HUN)	2017
GR	26.49 PEATY Adam	ENG	Gold Coast (AUS)	2018
1	SHAMAMBO Sumbwanyambe	ZAM	19 AUG 2003	29.14
2	CANJULO Jose	NAM	2 OCT 2005	28.95
3	McKENZIE Collin	JAM	16 DEC 2003	28.69
4	KUDWOLI Haniel	KEN	2 FEB 2006	28.62
5	LAWRENCE Matthew George	MOZ	27 DEC 2003	28.67
6	GRIGORIOU Alexandros	CYP	4 NOV 2005	28.74
7	TURNBULL Alexander	IOM	25 NOV 2003	29.07
8	YOUNGER Don	FIJ	5 OCT 2006	29.46

Event 23	Men's 50m Breaststroke		11:10	Heat 6 of 8
WR	25.95 PEATY Adam	GBR	Budapest (HUN)	2017
GR	26.49 PEATY Adam	ENG	Gold Coast (AUS)	2018
1	INGLIS Josh	WAL	18 JUN 2007	28.31
2	CAMPBELL Kito	JAM	14 JUN 2003	27.99
3	DAWSON Oliver	CAN	4 JAN 2008	27.29
4	RAMSAY-PEATY Adam	ENG	28 DEC 1994	26.64
5	NOWACKI Filip	JEY	1 OCT 2007	27.10
6	WUILLIEZ Jadon	ANT	13 JUN 2002	27.85
7	YALIMAIWAI Samuel	FIJ	24 JAN 2003	28.22
8	HALLETT Ronny	GGY	19 MAR 2004	28.57

Event 23	Men's 50m Breaststroke		11:12	Heat 7 of 8
WR	25.95 PEATY Adam	GBR	Budapest (HUN)	2017
GR	26.49 PEATY Adam	ENG	Gold Coast (AUS)	2018
1	LEE Zavv Xian Le	SGP	23 JAN 2008	28.28
2	HALLETT Charlie-Joe	GGY	27 NOV 2001	27.92
3	MORGAN Max	ENG	9 JAN 2008	27.22
4	HOULIE Michael	RSA	27 JUN 2000	26.63
5	WANTENAAR Ronan Zuberger	NAM	10 FEB 2001	26.85
6	BRADLEY Adam	NIR	22 NOV 2007	27.79
7	IAKOVIDIS Markos	CYP	28 SEP 2000	28.19
8	MOYO Zach	ZAM	21 APR 2006	28.49

Event 23	Men's 50m Breaststroke		11:14	Heat 8 of 8
WR	25.95 PEATY Adam	GBR	Budapest (HUN)	2017
GR	26.49 PEATY Adam	ENG	Gold Coast (AUS)	2018
1	PANARETOS Panayiotis	CYP	20 APR 2002	28.23
2	LELLO Bailey	AUS	2 JUN 2003	27.87
3	GOODBURN Archie	SCO	26 JUN 2001	27.12
4	WILLIAMSON Sam	AUS	19 DEC 1997	26.61
5	SMITH Chris	RSA	3 FEB 2006	26.64
6	BOOTH Kyle	WAL	9 AUG 2001	27.66
7	ROBINSON Adrian	BOT	11 APR 2000	28.00
8	STORY Jacob	COK	2 DEC 2007	28.40

Event 24	Women's 1500m Freestyle		11:17	Slowest Heat 1 of 1
WR	15:20.48 LEDECKY Katie	USA	Indianapolis (USA)	2018
1				
2	GINNIS Clara	JEY	24 SEP 2007	17:41.94
3	STERRY Hannah	JEY	14 MAY 2009	17:19.16
4	RABESS Kyra	CAY	6 SEP 2004	17:05.02
5	SIM En Xi Sarah	SGP	11 SEP 2011	17:09.26
6	BARROWMAN Harper	CAY	14 FEB 2006	17:35.29
7				
8				



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Event 25 Men's 200m Backstroke				11:36	Heat 1 of 3
WR	1:51.92	PEIRSOL Aaron	USA	Rome (ITA)	2009
GR	1:55.58	GODDARD James	ENG	Delhi (IND)	2010
1					
2		MAKIRA Carter	COK	22 DEC 2010	2:12.26
3		THOMPSON Isaac	JEY	24 MAR 2008	2:02.41
4		GREENBANK Luke	ENG	17 SEP 1997	1:56.01
5		SKERRY Jack	ENG	17 NOV 2004	1:57.60
6		DODDS Oscar	JEY	21 MAY 2006	2:07.51
7		SELLARS Will	CAY	12 APR 2006	
8					

Event 25 Men's 200m Backstroke				11:40	Heat 2 of 3
WR	1:51.92	PEIRSOL Aaron	USA	Rome (ITA)	2009
GR	1:55.58	GODDARD James	ENG	Delhi (IND)	2010
1					
2		LING Joel	BRU	25 SEP 2006	2:11.41
3		WARD Matthew	SCO	8 MAY 2005	1:58.81
4		MORGAN Oliver	ENG	11 JUN 2003	1:55.86
5		ALLAN Henry	AUS	30 JUN 2008	1:57.00
6		FOSTER Charles	IOM	5 JUN 2008	2:07.19
7		BOLTON Henry	GGY	15 MAR 2011	2:22.63
8					

Event 25 Men's 200m Backstroke				11:44	Heat 3 of 3
WR	1:51.92	PEIRSOL Aaron	USA	Rome (ITA)	2009
GR	1:55.58	GODDARD James	ENG	Delhi (IND)	2010
1		STERRY Samuel	JEY	4 NOV 2007	
2		HIGGO Luke	CAY	20 MAR 2009	2:10.53
3		LOEWEN Benjamin	CAN	4 FEB 2004	1:58.78
4		COETZE Pieter	RSA	13 MAY 2004	1:53.36
5		LEE Se-Bom	AUS	12 JUN 2001	1:56.75
6		WINTERBORN Benjamin	CAN	15 FEB 2006	2:04.07
7		MAIDEN Zachary	GGY	25 JUL 2011	2:22.61
8					

Event 26 Women's 100m Butterfly				11:48	Heat 1 of 4
WR	54.33	WALSH Gretchen	USA	Fort Lauderdale (USA)	2026
GR	56.36	MACNEIL Margaret	CAN	Birmingham (GBR)	2022
1					
2		BRISTOL Dorianne	SEY	7 APR 2009	
3		HOY Hayley Michelle	SWZ	1 MAR 2008	1:07.86
4		BOURGAIZE Emma	GGY	25 JUN 2009	1:06.37
5		PERSAUD Aleka	GUY	24 FEB 2006	1:06.49
6		LACOUR Noelle	GAB	1 DEC 2006	1:08.35
7		DALEY Elan	BER	27 FEB 2005	
8					

Event 26 Women's 100m Butterfly				11:51	Heat 2 of 4
WR	54.33	WALSH Gretchen	USA	Fort Lauderdale (USA)	2026
GR	56.36	MACNEIL Margaret	CAN	Birmingham (GBR)	2022
1		RABEY Orla	GGY	12 DEC 2001	1:04.19
2		THORPE I.-B.P.	KEN	20 FEB 2001	1:01.64
3		RICHARDS Emily	ENG	1 FEB 2001	58.46
4		MACINNES Keanna	SCO	19 AUG 2001	57.57
5		SCHLOSSHAN Ciara	SCO	28 SEP 2001	58.00
6		BURNS-ATKIN Alana	NIR	7 JAN 2006	1:00.15
7		LABAN Mia	COK	5 DEC 2007	1:03.12
8		SIMMONS Jaiya	BAR	31 AUG 2009	1:04.93

Event 26 Women's 100m Butterfly				11:53	Heat 3 of 4
WR	54.33	WALSH Gretchen	USA	Fort Lauderdale (USA)	2026
GR	56.36	MACNEIL Margaret	CAN	Birmingham (GBR)	2022
1		WHEELER Oriana	GGY	1 APR 2005	1:04.09
2		COETZEE Dune	RSA	14 MAY 2002	1:00.63
3		DEKKERS Lizzy	AUS	6 MAY 2004	58.21
4		GALLAGHER Erin	RSA	18 DEC 1998	57.36
5		OUWEHAND Hazel	NZL	30 DEC 1999	58.00
6		HARVEY Emma	BER	23 JUL 2001	59.88
7		LYN Sabrina	JAM	26 APR 2004	1:02.77
8		SCHENDELAAR - KEMP Paige	SAM	6 JUL 1998	1:04.40



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Event 26 Women's 100m Butterfly		11:56		Heat 4 of 4
WR	54.33 WALSH Gretchen	USA	Fort Lauderdale (USA)	2026
GR	56.36 MACNEIL Margaret	CAN	Birmingham (GBR)	2022
1	WOOD Elyse	BAH	25 MAR 2007	1:03.14
2	CALDERBANK Jessica	JAM	16 OCT 1997	1:00.47
3	GRIEVE Lucy	SCO	6 MAR 2004	58.09
4	PERKINS Alex	AUS	27 JUL 2000	56.19
5	CASTELLUZZO Brittany	AUS	26 NOV 2000	57.88
6	FOX Lucy	ENG	1 MAY 2006	59.81
7	BROADBELT Sierrah	CAY	11 SEP 2008	1:02.23
8	RICHARDSON Davia	BIZ	16 JUL 2008	1:04.29

Event 27 Men's 100m Backstroke S9		11:59		Heat 1 of 1
S7	WR	1:07.60 TRUSOV Andrii	UKR	Funchal (POR) 2024
S8	WR	1:02.55 GRISWOLD Robert	USA	Tokyo (JPN) 2021
S8	GR	1:11.53 DOWNIE Sam	SCO	Birmingham (GBR) 2022
S9	WR	59.72 BARLAAM Simone	ITA	Funchal (POR) 2022
S9	GR	1:01.88 HODGE Timothy	AUS	Birmingham (GBR) 2022
1	SADIE Christian	RSA	S7	A, 3, 5 1:13.03
2	MAXWELL Reid	CAN	S8	A, 9 1:08.34
3	TOGHER Liam	AUS		12, + 1:04.83
4	HODGE Timothy	AUS		3, 5, 12, + 1:03.20
5	McCLEMENTS Barry	NIR		9 1:04.51
6	VIG Harrison	AUS		9 1:05.82
7	DOWNIE Sam	SCO	S8	12, + 1:08.85
8	BOYCE-VAUGHAN Antwahn	BAR		9 2:26.26

Event 28 Women's 100m Backstroke S9		12:03		Heat 1 of 2
S7	WR	1:19.47 GAFFNEY Julia	USA	Indianapolis (USA) 2019
S7	GR	1:26.00 BERUBE Camille	CAN	Birmingham (GBR) 2022
S8	WR	1:08.04 TAI Alice	GBR	London (GBR) 2019
S8	GR	1:13.64 TAI Alice	ENG	Birmingham (GBR) 2022
S9	WR	1:07.41 PASCOE Sophie	NZL	Auckland (NZL) 2019
S9	GR	1:08.77 TAI Alice	ENG	Gold Coast (AUS) 2018
1				
2				
3	BELANDO NICHOLSON V.	AUS		8 1:17.42
4	HALE Brooklyn	ENG		1, 3, 5 1:14.12
5	FULLGRABE Jasmin	AUS		1, 3, 5 1:15.66
6	SHAW Toni	SCO		1, 3, 5 1:18.15
7				
8				

Event 28 Women's 100m Backstroke S9		12:06		Heat 2 of 2
S7	WR	1:19.47 GAFFNEY Julia	USA	Indianapolis (USA) 2019
S7	GR	1:26.00 BERUBE Camille	CAN	Birmingham (GBR) 2022
S8	WR	1:08.04 TAI Alice	GBR	London (GBR) 2019
S8	GR	1:13.64 TAI Alice	ENG	Birmingham (GBR) 2022
S9	WR	1:07.41 PASCOE Sophie	NZL	Auckland (NZL) 2019
S9	GR	1:08.77 TAI Alice	ENG	Gold Coast (AUS) 2018
1				
2	DORRIS Danielle	CAN	S7	A, Y, E, 3, 5 1:22.13
3	WILLIS Meghan	WAL		1, 3, 5 1:16.14
4	TAI Alice	ENG	S8	Y, 3, 5, 12, + 1:10.55
5	SELICK Gemma	AUS		1, 3, 5 1:15.54
6	HAYNES Isabella	ENG		9 1:17.73
7				
8				

Event 29 Men's 4 x 200m Freestyle Relay		12:09		Heat 1 of 2
WR	6:58.55 United States of America	USA	Rome (ITA)	2009
GR	7:04.96 Australia	AUS	Birmingham (GBR)	2022
1				
2	Cayman Islands	CAY		7:54.24
3	Malaysia	MAS		7:13.50
4	Scotland	SCO		7:07.44
5	Wales	WAL		7:09.16
6	Isle of Man	IOM		7:45.00
7				
8				

Event 29 Men's 4 x 200m Freestyle Relay		12:18		Heat 2 of 2
WR	6:58.55 United States of America	USA	Rome (ITA)	2009
GR	7:04.96 Australia	AUS	Birmingham (GBR)	2022
1				
2	Jersey	JEY		7:50.00
3	Canada	CAN		7:12.36
4	Australia	AUS		7:00.98
5	England	ENG		7:07.67
6	India	IND		7:38.71
7				
8				



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Legend:

+	Athlete is physically capable of performing a Butterfly Kick
1	One hand start
12	Leg drag or show intent to kick
3	Breaststroke – Simultaneous Intent to Touch
5	Butterfly – Simultaneous Intent to Touch
8	Right foot must turn out
9	Left foot must turn out
A	Assistance required
E	Unable to grip for Backstroke start
GR	Commonwealth Games Record
WR	World Record
Y	Starting device